

ANSTEY, BRENT PELHAM & MEESDEN NEWSLETTER

AUGUST to SEPTEMBER 2017

Diary of Events

Date	Event
August	Village Link – No meeting
August	Hormead Garden Club – No meeting
August 8 th	Village Supper Club – The Woodman, Nuthampstead – 7.30pm.
August 20 th	Herts and Essex Country Fair - Brent Pelham - 11am
Sept 5 th	Village Link – Meesden Village Hall 7.30pm - “Man on the Spot” speaker Brian Carline
Sept 8 th	Anstey Pop-Up Cinema – Village Hall 7.30 for 8pm
Sept 9 th	Meesden Family Fun Day and Fete – Village Green – 12 noon
Sept 13 th	Meesden Village Hall Committee meeting – 7.30pm
Sept 12 th	Village Supper Club – The Woodman, Nuthampstead – 7.30pm
Sept 15 th	Memorial service for Olive Fish – Meesden Church - 11am
Sept 16 th	First Aid Course – Anstey Village Hall – 10am to 1 pm
Sept 21 st	Hormead Garden Club – Hormead Village Hall 8pm – “Bees” speaker Malcolm High
Oct 14 th	Emily Yarrow concert St Mary’s Church, Brent Pelham

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Please send in your own news to: Jackie Godfrey on 01763 848732 or rjmo@tinyworld.co.uk (for Anstey);
Margaret Beach on 01279 777195 or moth@sotamail.com (Meesden)
or, for **Brent Pelham news** or last minute material, direct to the editors.

The next deadline is **15th** September 2017



↑↑All the thrills of the Country Fair – see Brent Pelham section↑↑

GENERAL NEWS

There is no **Church News** included with this edition as the Rector, the Rev'd Kate Peacock, is on sabbatical leave. The last edition of Church News was designed to cover August and September as well. If anyone has accidentally thrown it away please e-mail jhamilton.redstack@hotmail.com and we will send you an electronic copy.

Village Link. What is Village Link? Village Link has now been in existence for a number of years. However, if you are new to the area you may not know what it is. Village Link is a group of ladies who meet once a month at Meesden village hall. Our members are from the villages in and around Anstey and vary in age and interests. We meet on the first Tuesday of each month (except January and August) at 7-30pm until about 9-30pm. Each month we have different speaker with refreshments afterwards, and we try to include at least one outing per year. This year the outing was 'A guided walk around Ware.' – see article below.

Our speakers for the remainder of the year are as follows-

September 5th 'Man on the Spot.' *October 3rd 'Tools with a Mission.'* *November 7th 'Special Operations Executive.'* *December 5th 'Our Christmas meal.'*

Our talks last for about an hour. Our subscriptions for this year are £15 or £4 each month. We are a small, friendly group so why not come along as a visitor for one of our evenings. For more information contact- Wendy Hillier 01763 848685 or Jan Pledger 01763 848242

Village Link. A guided walk around Ware. For our June meeting, this year, we had a guided walk around Ware. We were met by Andrew, a volunteer guide, outside the priory, who then proceeded to tell us about how the town dated back to the Romans. The river Lee, which runs through the town, was once tidal and twice as wide as it is now. It was an important form of transportation between the town and city of London. During the 'great plague of London' barges from Ware transported food to the city to help feed its people. At one time the town had over 100 maltings, 35 ale houses and a population of just 500. The 'Great bed of Ware' was mentioned by Shakespeare in Twelfth Night. The bed can be seen in the Victoria and Albert museum. There is a swan carved in the head of the bed. Ware has always been known for its swans and they can be seen swimming on the river to this day.



We visited Blue Coat Yard, once a school and home for orphaned boys. This area is now residential and a community centre for the town. Finally, we walked back over the bridge,

along the river to the library. A number of gazebos still stand along the river. These belonged to the 'Malsters' houses where at the end of a long day working in the maltings they would go to rest and gaze out over the river and fields. There were 20 gazebos at one time but only 8 survive today. Despite a cold, windy, evening it was an informative and enjoyable tour of Ware.

Village Link July 2017. In July we went locally to Yew Tree Alpaca in Anstey where Penny and Steven Wylie gave us a talk about their Alpaca herd, 42 in all. We had hands on feeding them raw carrots and were able to be with mums and their day old off spring. Each Alpaca mum only has one baby at a time and their 'ready' date can be determined by meeting with a stud at Penny and Stevens request so the off spring that are in the womb for 11 months can be born at a suitable time early in the summer to give them the best chance of a healthy start.

Free to good homes. 4 outgrown children's bikes. Need some TLC. Ring 01-279-777-281

Exercise at Anstey Village Hall. There are weekly sessions as follows: *Tuesday evening* - Table Tennis (7.30pm). *Wednesday* - Pilates (8.50 to 9.50am) and Table Tennis (10.30 to 11.30am). *Wednesday evening* - Carpet Bowls (7.30pm). *Thursday* - Yoga (10.45 to 11.45am) New members are always welcome. The first session is free: thereafter, it's just £2 per session (pay as you go). For more information contact oxleydj@yahoo.co.uk

GOOD NEIGHBOURS SCHEME – *If you need a lift to a hospital, or doctor's surgery, help with the shopping, or minor jobs around the house, etc, just give us a ring on 01763 848536.*

There is a local Supper Club: on the second Tuesday of each month. It is held at The Woodman, Nuthampstead at 7.30pm (please book on 01763 848328).

ANSTEY NEWS

www.ansteyvillage.co.uk

Pre-season **Wimbledon** came to Anstey on June 7th when 32 local ladies had a fun day of tennis at 4 local village courts in both Anstey and Gt Horstead. The standard of tennis was remarkable but not as good as the lunch that was held at Anstey Bury once again in the beautiful barn hosted by Alison Cossor who not only won her section of the competition but over saw the feast that the ladies put on. All this activity was to raise funds for both St Georges Church and the Meningitis Research Trust. A total of £460 was raised.

Anyone For Tennis? Then why not join Barley Tennis Club for just £30 per year for the whole family. What a bargain. Courts can be booked on line and each family has a key to the courts. Each member also has a free entry into the Wimbledon Ballot draw. Barley runs two club sessions open to all on Thursday evenings from 5.30pm till dark and from 10.30am on a Sunday to 1pm, just in time for a glass of wine before lunch. Also tournaments and fun sessions are organised. For the more competitive player there are league matches to be played against other small village clubs locally. Both junior and senior coaching is available either in groups or individually. For more info contact Jan Pledger 01763 848242 on janpledger@btinternet.com

News from Anstey Chapel. It has been 7 months since Lynn-Marie and I moved into Chapel Bungalow and we would like to say a really big Thank You to everybody who has made us feel so welcomed into this beautiful village. Our first Worship Evening on the 16th June went very well and was well attended with people from surrounding villages. Our next Worship Evening is Saturday 16th September when we will have 2hrs of Praise and Worship (singing, intermittent prayer with communion being available throughout the evening). If you have never been to a Worship Evening before, come and give it a try. Everybody is Welcome.

Finally, If you would like us to pray for you because you are sick, sad, lonely or any other need (nothing is too big or too small); or if you know of anyone who would like a visit at home or in hospital please feel free to call us:- Pastor Ian & Lynn-Marie Palmer, Home: 01763-849256. Sunday Service at The Chapel 10.30am-11.30am, Sunday School 11am Refreshments and Fellowship after the service. NO SERVICE on the 3rd Sunday of each month.

A very big thank you to **Ian Jennings** for all the hard work he has put in sending round the Village Diary over such a long time. It has been so helpful in keeping all the Anstey locals informed of what is happening. Also a big thank you to **Pauline** and **Dave Kellett** for taking over the Diary. If you have anything you would like to be included please contact them on daveandpaulinekellett@gmail.com.

British Red Cross. Thank you to all those who gave so generously in the recent village collection, £56.92 was raised. *Marion Porter*

A big thank you to everyone who donated **cakes** to the tea stall at the Anstey Fair. They were all delicious, with many compliments received and very much appreciated. *Sue & Ruth*

Anstey Fair. *Ann Grimsdale writes:* - " I would like to thank everyone who helped out at, visited, and/or supported Anstey Fair in any way this year. The final result in terms of proceeds is still being calculated, but early indications are that we will be able to make another really solid set of donations to support the village. I will report back in the next newsletter with the final result, but for the time being, please accept huge thanks again to everyone who helped to make it such an enjoyable, successful, and fun afternoon."

ANSTEY VILLAGE HALL. 3 HOUR FIRST AID COURSE. On Saturday September 16th, from 10am to 1pm, we will be hosting a three-hour family First Aid course, led by Danielle Bridge from ABC Life Support. The course will demonstrate the skills needed to deal with some of the most common injuries and incidents that may occur in everyday family life.

You'll learn how to distinguish between normal everyday complaints and life-threatening situations as well as learn the practical skills required to save a life.

Course content: - *How to plan for a First Aid emergency; Recovery position on an unconscious but breathing casualty; Resuscitation (CPR) on an adult, baby or child who isn't breathing including the use of a Community Access Defibrillator; Choking; Burns and Bleeds; Falls and Broken Bones; Illness recognition and when to contact the Emergency Services.*

Thanks to a Community Grant from East Herts District Council, we are able to offer the course at the subsidised rate of £6, and feel sure that this will be a very valuable opportunity for all of us. Places are limited to 16, on a first come, first served basis. If you would like to book a place please contact Kate Oxley on 01763 848584 or email oxleykn@yahoo.co.uk.

ANSTEY POP-UP FILM AND SOCIAL CLUB. The 6th meeting of the Film & Social Club was on Friday 30th June, when we showed SULLY, starring Tom Hanks. Further screenings are planned for Friday 8th September and Friday 13th October. All paid-up members should receive an email flyer with details of the film being shown. If you don't receive one, or would like to join, please contact Colin Smith: colingsmith@gmail.com / 01763 849949 or Dave Oxley: oxlevdj@yahoo.co.uk / 01763 848584. Non-members are welcome to join us on the night, as a guest [for £3] or to sign up as a member. Membership is just £12 per year and allows free entry to all 9 films.

EXERCISE CLASSES AT THE VILLAGE HALL. Please note revised times:

Monday Senior Zumba 6.30pm – 7.30pm (no classes on August 28th or September 4th)

Tuesday Yoga 5.15pm – 6.15pm (no classes on Aug 22nd/29th or Sept 5th)

Wednesday Table Tennis 7.30pm – 8.30pm
Table Tennis 10.30am – 11.30am
Pilates 4.30pm – 5.30pm (no classes on Aug 23rd / 30th)

Carpet Bowls 7.30pm – 9.30pm (September 27th to April)

Thursday Yoga 10.45am – 11.45am until August 17th (No classes Aug 24th / 31st)
11.45am – 12.45pm from September 7th as playgroup will be using the hall from 9.30 to 11.30.

New members are always welcome at any of these classes. The first session is free – thereafter, it's just £3 per session, pay as you go - no upfront fees. Contact Dave Oxley [see above] for more information.

SAVE THE DATE! Many thanks for your support at the Quiz Night (6th May) and 'Music on a Summer's Evening' (22nd July). The ever-popular Christmas Dance has been scheduled for Saturday 25th November. To book the hall for a private function please contact Ruth Hart: ruth.hart9@btinternet.com / 01763 849724

BRENT PELHAM NEWS

Sadly no-one has as yet come forward to take over this section. Please let the editors know or call **Peter Wrightson** on 777435 if you would like to edit the Brent Pelham news. We are filling in with repeat items, an item on the upcoming Country Fair and a repeat of one of the ever popular Ted's Tales.

Herts & Essex Country Fair – Brent Pelham – Sunday 20th August 2017.

The 2017 Herts & Essex Country Fair, Dog and Heavy Horse Show takes place in The Park, Brent Pelham, SG9 0AT on Sunday 20th August 2017. It is a traditional, local, Country



Fair which provides an entertaining day out for all the family.

The beautiful shire horses return again for 2017 & the Heavy Horse enthusiasts will be running a

range of classes to recognise the breeds of heavy horses which have played such an important role in agriculture in the past.

The main ring events will feature a variety of displays by sheepdogs, gun dogs, foxhounds, beagles, bassets, ferrets and falconry as well as a parade of vintage tractors. All dogs are welcome at the show & they & their owners will be able to

enter classes in the Family Dog Show, perhaps the 'Best 6 legs' class is for youin addition their dogs' skills can be tested in the Gun Dog Scurry, on the dog agility course, or in the new dog obedience competition.

Local Gamekeeper Steve Reynolds of Hamels Park, Buntingford will be the commentator as well as encouraging spectators to try



their hand at traditional games such as egg throwing & new for 2017 will be the 'man versus horse' tug of war challenge.

There will be a number of trade stands and a funfair for children. A range of refreshments will be available including Teas, Bar, Hog Roast, BBQ.



Heavy Horse classes commence at 10.40am and the main ring displays at 11.30am. Gates open at 10.30am. Trade Stands and other enquiries to: 07770 746813. For further details see website: www.hertsandessexcountryfair.com

MEESDEN NEWS

Ted's Tales. Ted Barclay shares some of his incredible knowledge about the local countryside and its myths and legends. This issue he tells us all about the wood known as Chamberlains.

Chamberlains Wood lies on the West of the Meesden to Brent Pelham Road and in common with most woodland in the parish is considerably larger in area than it was in the 19th Century. The part nearest to the road is mostly self sown scrubland with a few cricket bat willows and some left over Christmas trees, this used to be a meadow. In fact there is a large three sided medieval moat surrounding it with what are thought to be ancient fishponds in the centre. Archaeological excavations in the 1930s dug up lots of stuff but confusingly this was almost entirely Roman.

The adjacent road is a Roman one and perhaps the site was inhabited long before medieval times. More recently a metal detector in the field next door found in the space of a couple of yards a Roman coin, an Edward II coin, a George V half crown and a George VI unexploded 20mm cannon shell. The latter is one of many and is easily explained.

Many people will have noticed the beautiful autumn colours of the trees on the South side of the wood. This part is another addition being former arable land. It was planted in part with Norway Maple, thus the colours. These trees are a rather peculiar shape, looking as though they have been coppiced at the 6 foot mark which indeed they were, in 1943, by a RCAF Mosquito aircraft which crashed there after a collision. The crew of this aircraft survived but the other crew were killed, crashing near Epping. A dance was taking place in the village hall at the time. Ammunition was scattered everywhere. 20mm shells were notoriously unstable when originally made and high explosive becomes more unstable over time so do not touch if you find one! It once knocked several blades of the hedge cutter.

Whilst on the subject of aircraft it is interesting to note that that area seems to attract aircraft. In addition to the Chamberlains Mosquito a Spitfire came down by the new Observer post in 1940. In 1938 Sgt Wardle RAF was killed when his Gloster Gauntlet hit the windmill in the kennels and then of course the Hermes airliner near Meesden Green in 1956 with the loss of its crew.

Despite its sometimes unfortunate history the wood is growing some very promising oak trees which should provide me with the materials for a new dining room table in another hundred year's time.

Pilates at the Village Hall **every Monday** from 7 to 8pm, led by experienced teacher Becky - newcomers are welcome whether male or female. Each class costs £6 if you pay for one or £5 if you pay monthly. Any questions - contact Hazel Norris on 777316

A couple of important reminders **VETS scheme** telephone number **01279 260911** **Village Defibrillator** box access code **C159X**.

Olive Fish There will be a "Celebration of Life" Service for Olive Fish on Friday 15th September 2017 at St Mary's Church, Meesden at 11.00 am. Immediately followed by a private committal of Olive's ashes by Lesley. Please no formal dress and no dark colours. Afterwards you are invited to Meesden Village Hall for refreshments and to continue sharing memories of Olive.

Rogation Walk 2017 In May the annual Rogation Walk



took place with an excellent number of enthusiastic walkers turning out, including children and four legged friends. We first met at Little Hornead Church and made our way via Hare Street and across farmland footpaths to

the first stop, Wyddial. There we enjoyed much anticipated morning tea, coffee and cake, so generously provided once again by Sally Dyak of Home Farm. This is always a treat for everyone and much was said by all in appreciation of her kind hospitality always offered at this point in the walk.

Onward then to Anstey which this year was a little different in view of a wedding taking place and the village hall occupied for the occasion. Instead we made our lunch stop at John and Patricia Hamilton's house - Red Stacks, where we were able to relax and enjoy drinks and our picnic lunches in their beautiful garden. A special thanks also to Jenny Goymour who made tea and drinks for all, in Patricia's absence, bell ringing.

During the afternoon we walked through our beautiful villages of Meesden and Brent Pelham arriving back at Great Hornead for refreshments. Thanks to Stuart Taylor and Edward Fremantle for providing this welcome conclusion to a great day. If you would like to try this walk next year, either all or in part, make a diary note for May 2018 and watch out for details!

Meesden Family Fun Day and Fete - Saturday 9th September

You are all invited to Meesden's Family Fun Day and Fete on the Village Green from 12.00 pm onwards on Saturday 9th September. Come and enjoy a wide range of traditional games and stalls as well as a BBQ, Pimms Bar and cake stall, dog show, fun races and a competition tent. Categories up for grabs will include: the most chocolatey chocolate cake, showstopper cake (anything goes!) most creative vegetable animal, mini garden and Autumn art (child and adult categories). Please put the date in your diaries and hope for some sunny weather! We would also welcome any contributions for the cake and home produce stall.

Community Garden. We are now in the middle of our



growing season and thanks to recent rainfall everything in the garden is looking great. We have just started cropping our potatoes and have already had an abundant crop of Peas which everyone agrees are the

tastiest they have ever had. As well as the Potatoes and Peas we have been able to supply Rhubarb, Lettuce, Garlic, Strawberry plants and Tomato plants and we will soon have a good crop of Beans, Leeks, Carrots, Onions and Broccoli. Thank you all (and Vegware) for your support - Ken Newstead.

A Glut of Vegetables? If you are a keen vegetable gardener, you probably know the feeling of looking forward with great anticipation to the time when your favourite fruit or vegetables are ready for picking. Then suddenly there they are – all coming at once – and it's not long before you are asking, "What can I do with all these tomatoes, courgettes or broad beans.....?"

Here are a few recipes which have come home with us from our Mediterranean holidays, and which we can't eat without reminiscing along the lines of, "Do you remember where we were when we had these.....?" "What a fantastic holiday that was...." I really hope you will enjoy experimenting with them over the summer – Margaret Beach

Frittata of Courgettes.

Ingredients:

Olive oil for frying
4 thinly sliced courgettes
1 thinly sliced red pepper
1-2 chopped garlic cloves
5 lightly beaten eggs
1 small jar of drained and chopped sun-dried tomatoes
2 chopped spring onions or a few chopped chives
1 tablespoon of fresh basil, mint or both
1 oz of grated cheddar
Salt and pepper

Method:

1. Heat oil in a large frying pan and cook courgettes, red pepper and garlic till soft. Stir occasionally.
2. Whisk eggs in a bowl. Add tomatoes, spring onions, herbs and seasoning. Mix well.
3. Reduce heat under pan and pour in the egg mixture, allowing it to run under the vegetables. Cook over a low heat until the base is golden.
4. Sprinkle cheese over top and place pan under hot grill until cheese melts. Cut into wedges.
This is lovely served with green salad and some crusty bread!

Broad Bean and Mint Dip.

Ingredients:

250 g of shelled broad beans
Clove of garlic
Teaspoon of lemon juice
2 tablespoons of extra virgin olive oil
Sprig of fresh mint leaves – finely chopped

Method:

1. Simmer broad beans and garlic clove in lightly salted water, until tender.
2. Refresh under cold water and leave to cool.
3. Slip the beans out of their skins and put in food processor with garlic, lemon juice and mint.
4. Whizz to a puree, slowly adding the olive oil. It should have the consistency of thick humous.
5. Season to taste.

This is a recipe from Puglia in Italy in "the heel of the boot". It is usually served on a bruschetta which has been

singed on one side over a naked flame and rubbed with raw garlic on the other.

Tzatziki (Yogurt Dip)

Ingredients:

2 medium cucumbers, whole
1 large carton of thick yogurt
4 tablespoons of extra virgin olive oil
2 cloves of garlic, crushed
1 teaspoon of salt
1 tablespoon of strong vinegar

Method:

Grate cucumbers. Place in mixing bowl and add salt. Squeeze liquid from pulp and strain well. I put mine into a clean tea cloth and squeeze out the juice.

Beat garlic into yogurt, gradually adding olive oil and vinegar. Beat for 2-3 minutes until all ingredients are thoroughly combined. Stir in cucumber pulp. Refrigerate for 30 minutes.

This dip is eaten all over Greece and it is great for a party as it will serve 8. The home-made version is very much better than any of the supermarket varieties!

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ANSTEY GROVE BARN

BED AND BREAKFAST



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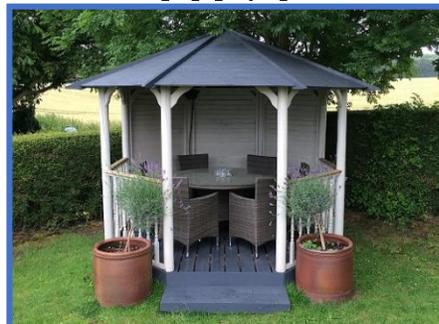
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