

ANSTEY, BRENT PELHAM & MEESDEN NEWSLETTER

JUNE to JULY 2019

Diary of Events

Date	Event
May 25 th	Rogation Walk 9.30am start at Little Hornead.
May 30 th	Supper Club at Black Horse, Brent Pelham
June 4 th	Village Link - Meesden Village Hall 7.30pm – “Pictures from the Pally” Stephen Barnard on Alexandra Palace and the early days of the BBC
June 11 th	Village Supper Club – The Woodman, Nuthampstead – 7.30pm.
June 14 th	Anstey Pop Up Cinema Anstey Village Hall 7.30 for 8pm
June 13 th	Hornead Garden Club – Member’s Open Garden by kind invitation of Stephen Whittle, 57 High Street Standon SG11 1LA
June 16 th	Meesden Family Fete and Fun Day – Village Green – 2 to 5pm
June 22 nd and 23 rd	Open Garden at Brent Pelham Hall 2-5pm
June 27 th	Supper Club at Black Horse, Brent Pelham
July 2 nd	Village Link – Guided Walk round Royston Over the past few years we have enjoyed several walks around our local towns to find out more about its history and places of interest.
July 9 th	Village Supper Club – The Woodman, Nuthampstead – 7.30pm
July 11 th	Hornead Garden Club - Hornead Village Hall 8pm – Summer Social and “Gardening in the third age – gadgets and gizmos” Speaker Anne Lauder
July 14 th	Anstey Fair – Anstey Bury – 1 to 5pm
July 19 th	Anstey Pop-up Film & Social Club – Village Hall 7.30 for 8pm
July 25 th	Supper Club at Black Horse, Brent Pelham
Aug 18 th	Herts & Essex County Fair - The Park, Brent Pelham
Sept 7 th	Welwyn GC Male Voice Choir concert St George’s Anstey
Sept 22 nd	Brent Pelham Harvest festival
Sept 28 th	Barn Dance – Anstey Village Hall

Editors: John and Patricia Hamilton, Red Stack, Anstey, Herts. SG9 0BN
Tel. 01763 848536 jhamilton.redstack@hotmail.com

Please send in your own news to: Jackie Godfrey on 01763 848732 or rjmo@tinyworld.co.uk (for Anstey);
Martin Hugi martinhugi@outlook.com (for Brent Pelham);
Margaret Beach on 01279 777195 or moth@sotamail.com (Meesden),
Or, for last minute material, direct to the editors.

The next deadline is **15th** July 2019



YOGA CLASSES AT ANSTEY VILLAGE HALL: Tuesdays 17:15 & Thursdays 09:45 (Term Time) *Renay Jacobs writes:* - I have been teaching Yoga for over a decade. My teachings, I believe, have a fresh forward-thinking approach which is available to EVERYBODY. Classes invite people to explore their own bodies giving space to reconnect with who you are - moments to pause, expand, explore. Key actions are offered within the shapes to invite us to become vibrantly alive. You do not have to be able to touch your toes; no matter how you are physically, mentally, emotionally Yoga can be practised by you. **FIRST CLASS FREE** YogawithRenay@gmail.com

Willow. Willow is the only national charity working with seriously ill 16 to 40 year olds to fulfil uplifting and unforgettable Special Days. To date, Willow has provided more than 16,000 Special Days for young adults diagnosed with a life-threatening condition. Please have a look at the postcard flyer that came with this edition of the newsletter. For more information on fundraising for Willow, visit willowfoundation.org.uk/support-willow/fundraising or ring the fundraising team on 01707259777.

Advance Notice. **Welwyn Garden City Male Voice Choir** are coming to give a concert in St George's, Ansteys on the 7th September. Please make a note in your diaries! *Greta Barker*

GOOD NEIGHBOURS SCHEME – *If you need a lift to a hospital, or doctor's surgery, or help with the shopping, just give us a ring on 01763 848536.*

There are two local Supper Clubs. On the second Tuesday of each month one is held at The Woodman, Nuthampstead at 7.30pm (please book on 01763 848328). This now features a SET MENU of three courses with a choice of three for each course and your choice as to having two or three courses. Then on the last Thursday of each month it is the turn of the Black Horse, Brent Pelham, (pre booking only) 01279 778925.

Garden & DIY Equipment A reminder that we have equipment that is available for people to borrow. For full details of the equipment visit <https://www.brentpelham-meesden-pc.org/> and check out the Loan DIY Equipment tab. Please do let us know if you have equipment that we can add to this list.

ANSTEY NEWS

www.ansteyvillage.co.uk

A big Welcome Home to **Tammy and Lee Robinson** and family who were able to move back into 6 Buryfields in mid-March. They were away for 11 months after the devastating lightning strike virtually destroyed their house last year. We hope they will enjoy many peaceful years in their rebuilt home. Tammy hinted to this newsletter that the opportunity to make one or two improvements in the repair programme was not lost!

Isabell Robinson and **Isabella East** would like to thank



all those who kindly bought their home-made loom band jewellery; they raised a fantastic £56 for the Teenage Cancer Trust. *Editors' comment:* - Well done girls, a big hooray to you for all your hard work and dedication, all in a very good cause.

Anstey Fair is to be held on **Sunday July 14th** and will be from 1-5pm. Again it will be in the lovely grounds of Anstey Bury by kind permission of Adrian and Alison Cossor. Admission is £2 for adults, children under 16 free, and free parking. Please come and support our fund raising (church, village hall, school & chapel) and enjoy what is a lovely traditional country fair.

As always we are looking for more help on the day, with setting up in the morning, taking down at the end and also with manning some of the stalls in the afternoon. Please contact Ann Grimsdale (848372) or Alison Cossor (848479) if you can help. We would also appreciate donations of the following items (a good excuse for a clear out!): china for the china smashing stall, items for the bric a brac stall, clothing in good condition, books. (These can be left at Anstey Bury). Prizes for the tombola would also be welcomed. Please leave these with the Oxleys at 2 Castle Cottages. Cakes/jams/chutneys for the **produce stall** can be left at Little Thatch with Jenny Goymour.

We would be very grateful for any donations of cakes/quiches for the **tea stall**. We are happy to either collect or if you prefer please bring along to the fair on the **Sunday morning**. If anyone would like to help on the tea stall during the fair, this would be very much appreciated. Please contact either Sue on 849949, suesmith7@gmail.com or Ruth on 849724, ruth.hart9@btinternet.com. Thank you and look forward to seeing you on the day.

Have you ever wanted to learn the piano? Or maybe wished you had played as a child? It is never too late ... Piano lessons available in Anstey - please phone me on 01763848487 Maddy Bradshaw.

News from Anstey First School. The children of Anstey First School have been very busy recently. We have joined with British Science Week where all took part in two weeks of experiments and scientific thinking. World Book Day celebrations were held and all children dressed as their favourite book character. A visit to Tesco's was arranged to see where our food comes from and how it is prepared. We have followed recipes and measured out our ingredients and took part in the science of baking as we prepared to treat our Mothers to an Afternoon Tea. Mr Dimsdale very kindly came in to share artefacts and talk about his adventures in Australia. Mr Sealy has worked with the children to design and create their own Japanese Bunraku style puppets. Children will soon be writing scripts for a play to use their puppets.

We enjoyed a visit to St George Church where Reverend



James Sawyer showed us around the church and told us of the history of St George's in Anstey - we noticed a dragon in one of the carvings, a mermaid font, amazing and inspirational stained glass windows and even a petrified bat! We flexed our design and technology muscles when each

class designed and created their own dragon ready for our St George's Day Celebration and parade. We noisily paraded our dragons in our finest princess, prince, crusaders, knights and dragon costumes up to St Georges Church whilst singing and chanting- if anything we chased away the evil dragons lurking in Anstey - probably now over in Brent

Pelham. That's okay though as we learned that Brent Pelham has its own Dragon Slayer, Piers Shonks!

Anstey First School are in the customer vote for a Bags of Help grant from Tesco! Bags of Help is a scheme which gives community projects like ours** grants of between £1000 and £4,000 - all of which is raised from the sale of carrier bags in Tesco stores. The public will now vote in store until the end of June on who should receive the awards. Please support us by voting with your blue tokens (available at the till) in either of the stores below:

3108 Royston SG8 5UA Extra

4398 Royston Priory SG8 9JZ Express

You don't have to buy a carrier bag to vote so make sure you pick up your blue token at the till.

***We asked for help to buy another folding table to serve lunches in the village hall - it's hard work putting out tables and chairs and putting them away again every day as many of you will know from the various events we have held. The folding tables are expensive but seat 20 at the pull of a lever. Please spread the word to all your contacts.*

Reception is full for September but we have a couple of places available in Nursery. If you know of any parents who would like to visit please ask them to contact the office on 01763 848 346.

The **Plant Sale** on May 4th raised a wonderful; £410 which will be added to the Anstey Fair "Pot". Congratulations to all those who arranged and supported it.

ANSTEY VILLAGE HALL.

QUIZ NIGHT Many thanks to all of you who came to our quiz night on Saturday 27th April. It was keenly contested and went to the wire! The event raised over £600 for Village Hall funds.

SAVE THE DATE! On Saturday 28th September we will be running a Barn Dance in the Village Hall, with a professional caller. More details to follow in the next edition of the Newsletter.

ANSTEY POP-UP FILM AND SOCIAL CLUB On Friday 10th May we showed 'A Star is Born,' with Lady Gaga and Bradley Cooper taking the lead roles. Our next two films will be shown on Friday 14th June and Friday 19th July - doors open 7.30pm, film starts at 8.00. All members should receive an email flyer in advance, with details of the next film to be shown. If you don't receive one, or would like to become a member, please contact Colin Smith: colingsmith@gmail.com / 01763 849949 or Dave Oxley: oxlevdj@yahoo.co.uk / 01763 848584. Non-members are welcome to join us on the night, as a guest (for £3) or to sign up as a member. Membership is still just £12 per calendar year and allows free entry to all 9 films!

SUPPORTING THE HALL WITH THE EAST HERTS LOTTERY. East Herts Lottery is a weekly online lottery, where 60% of all funds raised go to good causes that benefit local communities in East Herts. Each ticket costs £1 per week and players can choose which cause to support, knowing that 50p in each pound spent will go directly to that cause. The odds of winning any prize are 50:1 and the top prize (matching 6 numbers in a row) is £25,000! For more information go to www.easthertslottery.co.uk. If you are keen to support Anstey Village Hall by playing the East Herts Lottery please go to www.ansteyvillage.co.uk/hall and sign up. Thank you!

EXERCISE CLASSES. The timetable is: -

<u>Mondays</u>				
Dance Fit	5.30pm - 6.30pm	£4.00	per	session
<u>Tuesdays</u>				
Yoga	5.15pm - 6.15pm	£4.00		
Table Tennis	7.30pm - 8.30pm	£3.00		

Wednesdays

Table Tennis 10.00am – 11.00am £3.00
Pilates 4.30pm – 5.30pm £4.00
Carpet Bowls 7.30pm – 9.30pm £2.50

Thursdays

Yoga 9.45am – 10.45am £4.00

All classes are run on a pay-as-you-go basis, with no upfront fees. New members, of any age and ability, are always welcome and the first 'taster' session is free. Contact Dave Oxley on 07802 733398 (or email oxleydj@yahoo.co.uk) for more information.

To book Anstey Village Hall for a private function, or to hire any tables, chairs or equipment, please contact Ruth Hart on 01763 849724 or email ruth.hart9@btinternet.com

Anstey Chapel has a warm family atmosphere. Sunday Services 10.30am with refreshments and fellowship following. 1st Sunday of the Month Communion. LUNCH at the CHAPEL takes place fortnightly on a Tuesday, 12-2pm. May 21st, June 4th & June 18th. Home Made Vegetable Soup & Roll with Cake, Tea & Coffee to follow. Bring a Friend. WORSHIP at the CHAPEL, Saturday June 22nd 7-9pm. Live Band lead by Nadya Dyett from The Ark, Bedmond. OPEN DOORS every morning from 7am-8am, 30th May - 9th June. We are participating in the Archbishop of Canterbury's "Thy Kingdom Come" Prayer Initiative - join together in praying for our friends, family, loved ones and those in need. Today and always, may you experience God's Love & Joy. Contact details: Pastor Ian & Lynn-Marie Palmer 01763 - 849256 07765585355.

BRENT PELHAM NEWS

<https://www.brentpelham-meesden-pc.org/>

Please note that the Barbecue announced in the last edition as taking place in Brent Pelham on June 8th will now be on a later date to be announced.

Brent Pelham Hall – Garden open for charity – 22 & 23 June Brent Pelham Hall invites you to their first Open Gardens, in conjunction with the National Garden



Scheme. This event will take place on 22nd and 23rd June 2019, from 2pm – 5pm each day. Surrounding a beautiful grade 1 listed property, the gardens consist of 12 acres of formal gardens, redesigned 10 years ago by the renowned landscaper Kim Wilkie. They include

two walled gardens, the Mulberry Garden and the Amphitheatre Garden, each with their own character. The Potager boasts willow obelisks of sweet peas within box hedged mini gardens of perennial planting.



The Walled Kitchen Garden produces cut flowers and vegetables, where there will be plants for sale each day. Take a wander through the Orchard, Rose Walk and into the newly created quintessentially English Double Herbaceous Border. In the further 14 acres of parkland there are mown paths through the Wildflower Meadows and around the two lakes. These stunning grounds are gardened organically.

Teas, coffees and cake will be served in the estate office. Entry £5.00 for adults and free for children 16 and under. Proceeds will be donated to the charities supported by the National Garden Scheme and also Brent Pelham Church.

The Black Horse pub

Supper Club – Thursday May 30th (always the last Thursday of each month)

BLACK HORSE
BRENT PELHAM

MAY 30th
SUPPER CLUB

duck pastrami, medjool date puree, blood orange & chicory salad

rhubarb sorbet

pan fried cider cured sea trout;
crab sauce & sea vegetables, fennel & crab mayonnaise

hot lemon & raspberry soufflé
or
selection of cheeses from The Cheese Plate in Buntingford

Four course set menu £29.50, pre booking only.
Please inform us of any allergy or dietary requirements when booking.
The whole menu is gluten & lactose free, apart from the cheese.

For details of regular and seasonal activities see the Facebook page
Watch, Like, Follow

<https://www.facebook.com/theblackhorsebrentpelham/>
or speak to landlord Hugh on 01279 778925.

General reminders

The Black Horse pub For details of regular and seasonal activities see the Facebook page – Watch, Like, Follow <https://www.facebook.com/theblackhorsebrentpelham/> or speak to landlord Hugh on 01279 778925.

Brent Pelham Facebook page. If you are a Facebook user then don't forget to like the Brent Pelham Facebook page to keep up to date with upcoming events & local news.

Fraser Murray sends out emails to the village with general news; these are useful for getting out urgent news, reminders and information quickly. To add your name to his distribution list, or if your email has changed, then send a blank email to frasermurray@me.com with your name and address in the header.

Pilates At the Village Hall every Monday from 7 to 8 pm, led by experienced teacher Becky - newcomers are welcome whether male or female. Each class costs £6 if you pay for one or £5 if you pay monthly. Any questions - contact Hazel Norris on 777316

Kundalini Yoga Evening classes including Gong Relaxation with Anna Currey, Kundalini Research Institute Certified Teacher. Every Tuesday 19:00 – 20:15 at Brent Pelham Village Hall. £8 drop in Arrive 10 minutes before class, comfortable clothes and yoga/pilates mat or similar. For more information or questions: Anna Currey 07463 851460 annaalexcurrrey@gmail.com

Village hall internet - The WiFi network is BP-Village-Hall and the password is shonk5moat. It's free to use for basic respectful use, and for those 'your-internet-is-down' emergencies; For prolonged heavy use a small, or large, donation would be very welcome, simply post through the letter box at the Village Hall with an explanatory note.

Brent Pelham Voluntary Emergency Telephone Service (VETS) scheme. As the name suggests this is an Emergency Telephone Service run by volunteers in the village. It can be called in an emergency to provide local support whilst waiting for the emergency services to arrive. It is important to note this is **NOT** a substitute for the emergency services - **Call 999 first**. Then, if you need a fellow villager to help manage the emergency, or just some company while you wait for the emergency services to arrive, you should call **01279 260911**.

Village Defibrillator This is located near the village hall and post box opposite the church. The access code for the box is **C159X**.

MEESDEN NEWS

<https://www.brentpelham-meesden-pc.org/>

Saturday 16th March saw the annual **Meesden Village Quiz** take place in the Parish Rooms. There was an excellent turn out with seven teams completing from within the village and beyond. Edward Burton brought his superb knowledge and set a wide-ranging and very interesting set of questions for which all were very grateful. It was a fun and light-hearted evening enjoyed by all. Thanks also go to those who prepared and served a delicious ploughman's supper and who manned an excellent and very welcome bar. It was generally felt to have been a very successful evening with the added bonus of raising considerable and very welcome funds for St. Mary's church and the Parish Rooms.

Sunflower Competition. Sunday 28th April saw the planting of the sunflowers for the Meesden Sunflower Competition! Twelve children are competing to grow the tallest sunflower which is entirely under their care. Certainly this first week I have spotted many more visitors to the village garden to water their plants, talk to them and monitor who is currently in the lead!

Meesden Community Garden. Due to the recent warm weather the recently planted raised bed at the Village Hall is showing signs of growth. Sunflower plants which were raised from seed in a greenhouse were tagged and planted out by children in the village and a prize will be awarded to the child who grows



the tallest sunflower. The Community Garden shows growth from the potatoes planted last month and the Cauliflower plants are doing well too, along with Beans and Onions. Early shoppers at the Village Hall have been able to enjoy the delicious Rhubarb too.

Donations received from all sales, together with the regular support by Vegware, all provide valuable help towards the cost of running our village hall.

First Aid Training. With thanks to Rita Williams from Ross Nursing Services Ltd. in Arkesden Rd., Clavering, we ran our First Aid Training sessions during May. Each session ran for three hours, and whilst great fun, they were packed full of useful information including hands-on instruction on CPR, use of the Defibrillator and how to save the life of someone who is choking. The sessions taught us all that speed in assisting anyone in trouble is the key to success. In that respect we would like everyone to know the access code to our defibrillator. It is in fact the same access code as the one in Brent Pelham C159X. We strongly suggest that you note this code so that you have it in an emergency. It is helpful to note that apart from the first digit (C) which clears any previous wrong entries, the last four digits (159X) can be entered in any sequence. For example, it may be easier for you to remember 1X95 or 9X51. The choice is yours. Thank you to everyone who attended our sessions. We certainly could not have done it without your support!

Meesden Family Fun Day and Fete: Sunday 16th June 2.00-5.00 pm. Please join us and bring your family and friends to the Meesden Family Fun Day and Fete.

2.00 Fete opens with a hog roast, tea and cakes, Pimms Bar, tombolas, traditional games, treasure hunt, a bouncy castle, and much much more!

2.30 - 3.00 Wacky Races 3.30 - 4.00 Dog Show 4.00 - 5.00 Live music

We would be grateful if you could spread the word wide and far to support this lovely event and if anyone could spare half an hour to run a stall and/or would like to donate a cake or a bottle for the tombola that would be much appreciated. If you think you can help at all please contact Jo on: jo.vernonharcourt@gmail.com

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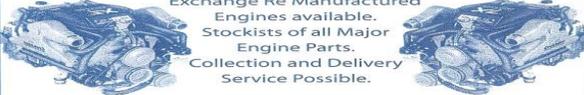
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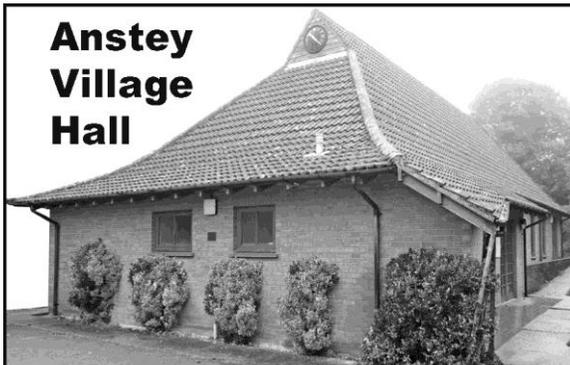
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Contact Liz Gray 01763 271988
Or Anstey School 01763 848346

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